

## **Author Shares Journey of Rediscovering Life’s Classic Rule**

*Mike Ellerkamp recounts philosophical, spiritual journey in new book*

HOUSTON ([PRWEB](#)) January 08, 2018 -- “The Golden Rule” is something we’ve all heard at one point in our lives. For most, the rule has been long forgotten and for others, it takes a spiritual awakening to realize what it really means. Readers will learn more about the latter in “The Simple Little Rule: The Golden Rule Rediscovered,” by Houston-based author Mike Ellerkamp. The book follows Ellerkamp on his philosophical and spiritual journey to rediscovering a rule in life we’ve all been taught, “Do unto others as you would have them do to you.”

In addition to following Ellerkamp’s journey readers are also introduced to five supporting principles developed by Ellerkamp: Wisdom, Justice, Moderation, Courage and Discipline. By reading his story and learning more about the five supporting principles Ellerkamp hopes people will soon realize why the rule is important and begin implementing it into their daily lives.

“In my book, I share my spiritual, philosophical and historical journey as I bring to life once again this simple yet profound rule,” the author said. “As a society, we need to return to a discussion about Golden Rule concepts and methods to follow through executing the Rule consistently on a daily basis.”

‘Rule’ consists of 12 chapters, each touching base not only on Ellerkamp’s journey but also each of the supporting principles Ellerkamp has developed. From rediscovering the rule to letting readers know how they can find a greater purpose in life, Ellerkamp hopes readers will find congruence between their personal and social existence.

Chronicling one man’s journey to rediscovering a rule he thought he lost, “The Simple Little Rule” is an inspirational story that is sure to touch the hearts of many.

“The Simple Little Rule: The Golden Rule Rediscovered”

By Mike Ellerkamp

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About the author

Mike Ellerkamp is a writer and author currently living in Houston. For more information, please visit the author’s [website](#).

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